



*Tree Spa*

at HIDDEN POND



## SKIN CARE

### Delight in Ultimate Skin Care at The Tree Spa

Utilizing the powerful properties of whole organic herbs, oils, grains and precious natural infusions, our skincare treatments transcend the familiar “facial,” elevating it to new heights of relaxation and results. Each treatment is customized to meet your specific needs. Our talented, licensed estheticians are trained to address your unique skin condition by utilizing the profound benefits of pristine herbal ingredients in combination with esthetic tools and techniques, to restore the glow of health to every complexion, at all ages and stages of life.

## BODY CARE

At The Tree Spa, each therapeutic massage is customized to the needs of you, our guest. Each therapist has the training and intuition to customize a massage based on your specific needs. As each and every tree is individual from its roots to its leaves, and its need for nurture, so is each guest.

# Facials

## **Pure Indulgence Facial**

Based upon a consultation and the analysis of your skin, your esthetician will perform a personalized facial to restore your skin to its optimum level. Included in this facial are warm aromatherapy compresses, cleansing, exfoliation, steam, extractions if needed, personalized mask and an anti-stress face, neck, shoulder hand and arm massage complete this serene experience.

60 minutes

## **Pure Luxury Facial**

From head to toe, receive a sensory-rich experience. Your treatment begins with warm steamed towels, a moisturizing treatment for the feet and legs, and gentle compression of the arms, neck and shoulders. Aromatherapy compresses begin the cleansing process, followed by exfoliation, an herbal steam, extractions if needed and facial massage. Soft brushes stimulate fluid flow in the connective tissue, giving a harmonizing and decongesting impulse to the skin. The treatment concludes with a nourishing mask and décolleté massage resulting in a glowing complexion and a feeling of lightness and inner balance.

90 minutes

## **Warm Stone Tranquility Facial**

A most unique facial experience, not to be missed. Warm stones may be added to enhance your experience. Warmed basalt stones are used for facial, neck, shoulder, arm and foot massage.

Add to any other facial

## **Bamboo Infused Pure Bliss Facial**

A unique facial treatment inspired by ancient Chinese, Indonesian and Japanese rituals using special, heated bamboo sticks which symbolize life energy, strength and longevity. Stimulation of the tissue by the bamboo sticks helps promote circulation—to increase hydration and nourishment, lymphatic drainage—to reduce puffiness, and a deep sense of relaxation.

Add to any other facial

*Indulgence & Luxury Facial Options (Your technician will choose the appropriate customization for your skin type)*

**Healing (Acne/Oily/Dull/Teen)** - A powerful, balanced treatment to correct without drying or irritating the skin, this facial treatment helps to clear breakouts, while purifying and controlling excess oil production.

**Corrective (Mature/Aging/ Dry/Dehydrated/Sun Damaged)** - Utilizing powerful whole herbs and organic infusions, this treatment offers regenerative properties to feed, hydrate, and soften visible signs of over exposed, undernourished, or aging skin.

**Revitalizing (Firming/Toning)** - This whole system approach to skincare treats depleted, diminished tissue, as well as spirits...whatever your age. This treatment stimulates muscular release and subsequent circulation, giving a boost to the system, providing energy, tone and vibrancy to the skin.

**Calming (/Rosacea/Sunburn/Super-sensitivity)** - Even the most inflamed or sensitized skin conditions need esthetic attention to remain in healthy balance and be its radiant best. We have created a treatment to address the unique needs of those with Rosacea, over exposed skin or super-skin sensitivities.

**For the Gent** - A man's face deserves more than drugstore shave cream and perfumed aftershave, so we have created the ultimate natural man's facial to target the specific needs and concerns of men. Powerful and effective, this treatment utilizes finely ground fir needles to counteract skin irritants from shaving and sports-related activities.

*Tree, gather up my thoughts like the clouds in your  
branches. Draw up my soul like the waters in your  
root. In the arteries of your trunk bring me together.*

*Through your leaves breathe out the sky.*

~ J. Daniel Beaudry, Breath

# massage

## **Pure Therapy Massage**

Choose a therapeutic herb-infused essential oil blend to begin your journey to the center of your mind, body and soul. Relax and breathe deeply as our therapists soothe or invigorate your muscles and spirit with a combination of massage techniques, using your specially chosen essential herb-infused oils.

60 / 90 / 120 minutes

## **Purely Couples Massage (In-Room Only)**

Enjoy your Pure Therapy Massage in the same room as your friend or loved one.

60 / 90 / 120 minutes

## **Maternity Massage**

This massage is designed to relax the mother-to-be from the first to third trimester using special positioning to ensure the safety and comfort of mom and baby. A cool, foot soak to alleviate swollen ankles, specially blended herb-infused oils and gentle massage techniques help relieve muscle strain on lower back, legs and feet.

60 minutes

## **Pure Earth Heated Stone Therapy**

Inspired by Native American rituals, the use of heated basalt stones, aroma-therapeutic qualities of organic herbs/essential oils and long flowing strokes penetrate tight muscles to provide the ultimate stress relief. The combination of aromatherapy, deep heat and massage techniques melt away tension; a truly profound experience leaving you relaxed, balanced and at peace.

60 / 90 minutes

### **Pure Integration: Thai Yoga Massage**

If the mind and body are in alignment, a state of general well-being is achieved. Integration between Yoga and massage are used to promote an experience of mind-body unity. Originating in India, Thai Yoga Massage combines gentle, assisted yoga stretches with deep-tissue manipulation to move stagnant life-energy of Prana through existing energy channels in the body—restoring well-being, creating self-awareness and deepening the receiver's level of consciousness. This treatment is an integration of Thai Yoga and other modalities and is performed on a massage table.

60 / 90 / 120 minutes

### **Pure Fusion: Bamboo Therapy Massage**

A unique and invigorating massage inspired by ancient Chinese, Indonesian and Japanese rituals using special heated bamboo sticks which symbolize life energy, strength and longevity. Stimulation of the tissue by the bamboo sticks helps promote circulation, lymphatic drainage and a deep sense of relaxation resulting in a whole-body tingling or a warming sensation.

60 / 90 minutes

*For your safety, please consult with a physician before receiving massage services if you have any health issues or are pregnant.*

*I never saw a discontented tree. They grip the  
ground as though they liked it, and though fast rooted,  
they travel about as far as we do. They go wandering  
forth in all directions with every wind, going and  
coming like ourselves, traveling with us around the  
sun two million miles a day, and through space  
heaven knows how fast and far!*

*~ John Muir*

# herbal remedy wraps

Wrap yourself in a cocoon of care. Whole grains, organic herbs and pristine herbal infusions weave together to create a complex body treatment with known therapeutic benefits. Our Herbal Remedy Wraps will bring your body to depths of suppleness and relaxation rarely experienced in standard spa treatments.

Your treatment begins with a skin smoothing, body-brightening exfoliation using your choice of options below. Your chosen buff is followed by warming herbal compresses to moisten the skin and open your system, encouraging blood flow. A light massage, with your Farmaesthetics Remedy Oil of choice, concludes your treatment, ensuring supreme moisturizing of the skin and offering specific conditions on a deeper level, as outlined below.

## *Select Your Buff:*

### **Pure Lavender**

Lavender penetrates and regenerates skin cells damaged by weather, the environment or age while it relaxes and relieves tension.

75 minutes

### **Pure Citrus Mint**

Used for centuries, the smooth, well-rounded cornmeal grains remove dry skin without abrasives that can irritate sensitive skin. This powerful treatment will bring health and beauty benefits to the body and brighten skin while energizing, enhancing and restoring a healthy glow to the whole body.

75 minutes

### **Pure Maine Honey Body Buzz with Warm Honey Remedy Wrap**

Whole grains, organic oils and pure honey weave together to create a rich, round, darkly-scented experience. This herbal combination creates a body buff to remove dry, rough skin, while wrapping you in the velvet warmth of honey, your body will reach a depth of suppleness and relaxation rarely experienced in traditional treatments.

75 minutes

*Select Your Massage Oil:*

**Arnica Remedy Oil**

Highly regarded in herbalism for its ability to diminish bruising and swelling in tissue. Arnica's complex chemistry works to affect the blood vessels, rapidly reducing any inflammation associated with injury.

**Calendula Remedy Oil**

Nature's most powerful skin-mending herb, Calendula is a luscious preventative oil when used before exposure to elements, but it is also an effective reparative once skin is damaged, scarred or diminished in any way.

**Lemon Balm Remedy Oil**

Known to help cool, restore and uplift a depleted system, for those who are over-extended, anxious or unable to sleep due to prolonged periods of emotional excursion. Wonderful for selfless care-givers.

**Hyssop Remedy Oil**

Known in herbal circles for its powerful anti-viral properties, this oil is the perfect choice to use when combating the onset or effects of a cold, especially one that affects upper respiratory.

*And see the peaceful trees extend their myriad leaves in  
leisured dance—they bear the weight of sky and cloud  
upon the fountain of their veins.*

~ Kathleen Raine, Envoi

# Foot treatments

An herbal infused foot soak, followed by cornmeal exfoliation and moisturizing envelopment, in heated booties, are added to deeply nourish the skin. An aromatherapy warm stone pressure point massage for the calves and feet will relax or invigorate as your needs require. Choose from:

## **Pure Petal**

Relax and unwind as rose petals and essential oils soothe your mood and smooth your skin.

45 minutes

## **Pure Invigoration**

Address your stress with this refreshing hydrotherapy treatment. Aromatic oils and healing scents of lavender, lemongrass and pine help calm your nerves, clear your head and boost your energy.

45 minutes

## **Pure Sweetnes**

Ginger, sugar and honey. These sweet ingredients exfoliate rough skin and moisturize it while fragrant essential oils of tangerine and marjoram help relax you and sweeten your mood.

45 minutes

## **Pure Health**

A healthy start to help protect against aging and sun damage. Immerse yourself in soothing oats to soak up organic benefits. A fragrant blend of cornmeal and coffee gently exfoliates and shea butter envelopes and soothes your soles.

45 minutes

These services may be added to any of our other services as desired.

**“Just the Basics” Massage**

Add this to any Skin Care, Foot Treatment or Remedy Wrap to immerse yourself in total relaxation.

30 minutes

**“Just the Basics” Facial Treat**

Put your best face forward by adding this to any Massage, Foot Treatment or Remedy Wrap for a quick pick-me up. Does not include steam or extractions.

30 minutes

**Nettle Remedy Oil Scalp Treatment**

A relaxing scalp massage, and therapeutic treatment using a moisturizing Nettle Oil for the hair and scalp which has been used for centuries in massage to help stimulate new hair growth on men and women experiencing thinning hair and also for dry flaky scalp on adults and babies.

30 minutes

**Eye Lash or Eye Brow Tinting**


Darken your brows and lashes using a safe, vegetable based, long lasting color. (Please note, tinting will not lighten eyebrows)

Lash 15 minutes / Brow 15 minutes

**Face or Body Hair Removal for Men and Women**

Eyebrows / Cheeks / Lip / Chin / Full Face (Lip, Chin, Cheeks) / Underarms / Arms / Back / Bikini / Lower Leg / Full Leg

*a la carte  
services*



In keeping with our commitment to sustainability and conservation, we at Tree Spa use only 100% natural products and treatments in collaboration with our friends at Farmaesthetics.

To ensure you and other guests can enjoy the peaceful environment of our Tree Spa, please keep noise to a minimum. Children are not permitted in the spa service area. Advance booking is recommended and we encourage you to arrive 15 minutes in advance. A 24-hour cancellation notice is required for all appointments or you will be billed for the service in full. Prices listed do not include taxes or gratuities. An 18% gratuity will be added to treatment pricing. We accept VISA, Master Card, and American Express.

*I like trees because they seem more resigned to the way they have to live than other things do.*

~ Willa Cather, 1913



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*This solitary Tree! a living thing  
Produced too slowly ever to decay;  
Of form and aspect too magnificent  
To be destroyed*

~ William Wordsworth, Yardley Oak